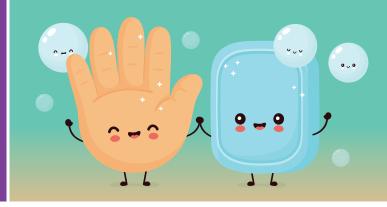
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Healthy & Happy Policies & Information



5 Fast Facts about Coronavirus and Coronavirus Disease 2019 (COVID-19)

What is it?

Coronavirus is a relatively new family of viruses. It can cause Coronavirus Disease 2019 (COVID-19), a respiratory disease.

How is it transmitted?

Through close contact (6 feet or less) or respiratory droplets via sneezes or coughs.

What are the symptoms?

Flu-like symptoms such as nasal congestion, runny nose, cough, fever, headache or diarrhea.

What is the incubation period?

Approximately 2 to 14 days from initial contact.

Who should self-quarantine, how, and for how long?

Anyone who has traveled to a highly infected region (e.g., Northern Italy) OR has been within 6 feet of someone with a confirmed coronavirus diagnosis should selfquarantine. This involves staying home for 14 days.

More Information

<u>Centers for Disease Control and Prevention</u> <u>World Health Organization</u>